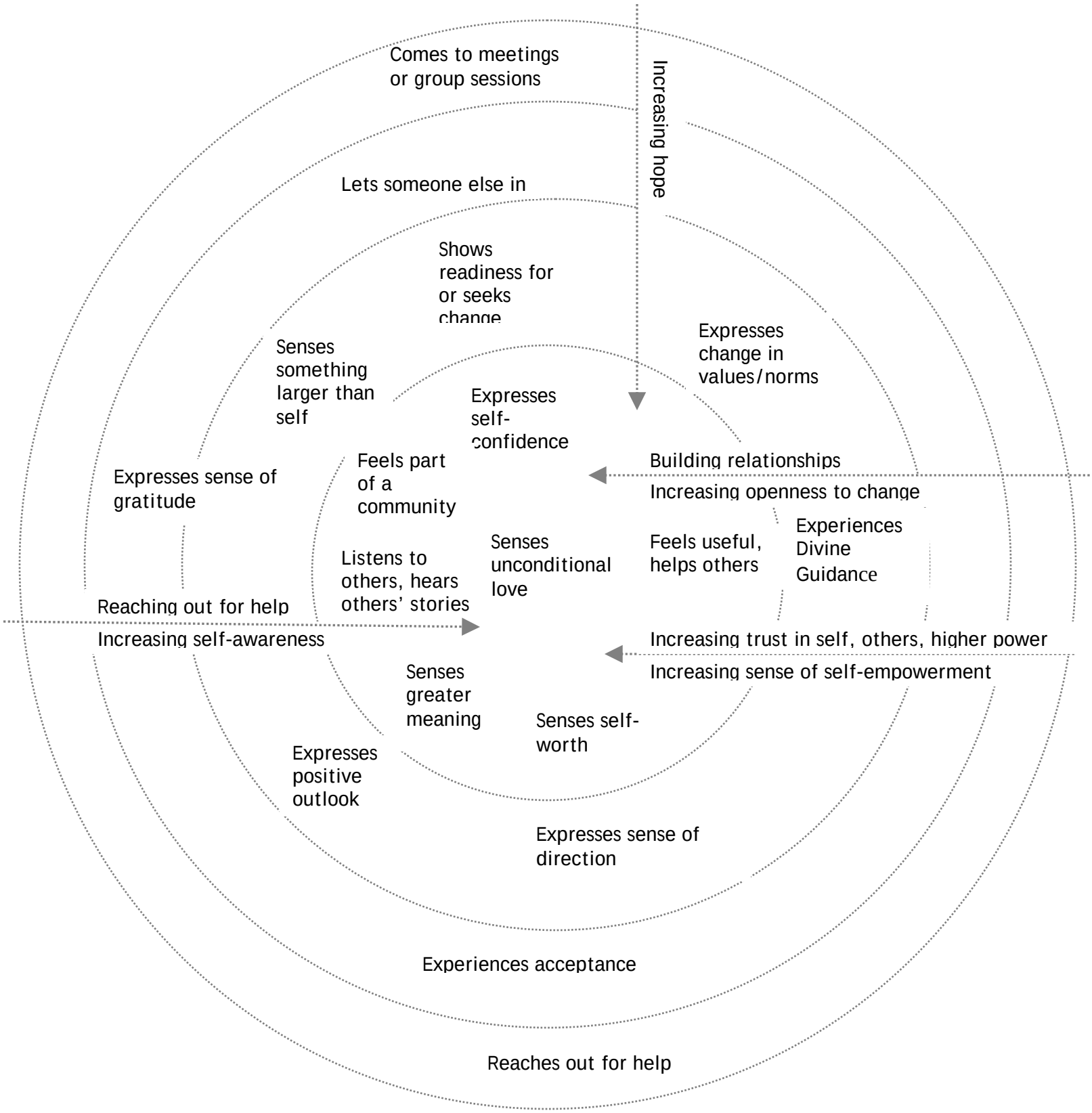Spiritual Development