

# The Inner Leadership Journey

A unique program for those embracing humility and a spiritual path toward leadership.

City House [www.city-house.org](http://www.city-house.org)

*Leadership that makes a difference  
Choosing to learn from mentors on the margins*

*A spiritual formation opportunity from City House*

## The Inner Leadership Journey

*"This kind of journey requires courage: a conscious reflective decision to act on life giving principles, despite the consequences, even if they threaten our priorities or existence." - Janet Hagberg*

This program is for mainstream leaders from all sectors (government, business, religious, and non-profit). It is for those who have moved beyond the success/ skill set stage of leadership and:

- ▣ Have made or want to make the interior turn;
- ▣ Have made or want to make the transition to power by reflection;
- ▣ Already take or would like to take their spirituality seriously;
- ▣ Want to leave their comfort zone and learn from mentors they least expect;
- ▣ Want to change their own lives and live out of a deeper sense of purpose;
- ▣ Want to grow as leaders in a safe environment

To find out more, attend our information session:

Thursday, September 17th from 7 to 9 p.m. at Loyola Spirituality Center in Saint Paul.

Contact: Tom Allen at 763-227-0686 or [tomallen@city-house.org](mailto:tomallen@city-house.org)

City House's mission is:

*"To connect the mainstream and margins of society for mutual growth and transformation."*

web [www.city-house.org](http://www.city-house.org)

blog [www.spiritonthemargins.org](http://www.spiritonthemargins.org)

*"I was most changed by the discovery of embracing my shadows. The most important thing I received from my mentor on the margins was the courage to be homeless, if necessary. I felt loved and encouraged by him."*

*(A pastor who participated in 2008)*



This program is more about taking people on a journey to deepen their leadership than it is about content. It is primarily experiential and relational.

**Through this program, you will:**

- ▣ Find a mentor on the margins of society;
- ▣ Be brought face-to-face with your fringe issues, such as inner homelessness, prisons, addictions, battering;
- ▣ Learn to live differently in the world;
- ▣ Develop compassion, humility and healing

**Expectations of learners:**

- ▣ Develop a relationship with someone on the margins of society. You will meet with this person at least 4 times, and he/she will act as a mentor to you. If requested, City House will assist in establishing these relationships.
- ▣ Watch and reflect on at least two of these movies: Fisher King, Nell, Rainman, Dances With Wolves, Forrest Gump, What's Eating Gilbert Grape, Children of a Lesser God, The Mission (hitting the wall), Patch Adams, Remember the Titans, Mr. Carter
- ▣ Complete two reflection papers
- ▣ Read *"Real Power (3rd edition): The 6 Stages of the Framework and the 13 Practices of Leading from Your Soul,"* by Janet Hagberg

**Cost:** \$695 - \$995 for 20 session hours (made possible by gift and personal invitation from a "Pay It Forward" sponsor)

**Location:** Loyola Spirituality Center in St Paul, 389 North Oxford Street, St. Paul, MN 55104-4734  
[www.loyolaspirtuality.org](http://www.loyolaspirtuality.org)

# The Inner Leadership Journey

*Choosing to learn from mentors on the margins*

Thursday, September 24: Discovering and practicing vulnerability

Thursday, October 8: Taking your spirituality seriously

Thursday, October 29: Culture of poverty

Saturday, November 7: All day inner city pilgrimage\*

Thursday, November 19: Embracing your shadows

Thursday, December 3: Reflections on leadership as a calling

Thursday, December 11: Reflection on program experience / closure

\* Each session has a one hour interactive / experiential presentation, followed by one hour of small group work. All sessions run from 7:00p.m. to 9:15p.m., except for the all-day pilgrimage which takes place from 8:30 a.m. to 4:00 p.m.

*"It inspired and delighted me to have such an inspiring hope-filled, faithful and courageous mentor from the margins of society. This program has changed and challenged me in many new, scary, and exciting ways! I feel like I'm being led on a path I can't turn back on and what lies ahead is all good if I have faith." (Staff professional from a large corporation who participated in 2008)*

**Program faculty:**

Select City House program participants (persons living on the margins)

**Janet Hagberg**

Speaker, Healer, Author of *Critical Journey* and *Real Power*

Trained spiritual director who has done substantial work with women inmates in Shakopee

**Tom Allen**

Executive Director of City House  
Trained spiritual director, executive coach, and City House volunteer  
Former business executive and organization development consultant

**Tamie Koehler**

Program Manager of City House  
Trained spiritual director and City House volunteer



**"True leadership begins with the willingness to be someone other than who the world wants you to be." Janet Hagberg, Author of *Real Power* and Program Faculty**